

Meet Lance.™

He was just diagnosed with diabetes...



People with diabetes are at higher risk of serious health complications.¹

Blood glucose monitoring is a critical part of every diabetes management plan.

When testing blood glucose levels, it is important to get a proper blood sample. Lance's healthcare team gave some useful tips for reducing the discomfort of pricking his finger.



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Helpful Testing Tips

When testing, it is important to get a proper blood sample. Lance's healthcare team gave some useful tips for reducing the discomfort of pricking his finger.

Tip 1  Read instructions. Learn how to properly use a lancing device.	Tip 2  Adjust depth setting on the lancing device to comfortably get a usable sample on first try.	Tip 3  Use a new lancet every test to prevent infection and reduce discomfort.
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Old lancets become dull, making fingers sore.
Use a new lancet every test.

Types Of Lancets

Lancets come in different gauges (diameters) and with various tip designs and angles to make getting a blood sample more comfortable.

Lancets  Single-use lancets are made for one use and should be disposed of in a sharps container according to local regulations. <hr/> Tip: Look for lancets that have a universal fit with most lancing devices.

Safety Lancets  Safety lancets are spring-loaded and auto-retract, and are meant for single-use. Healthcare professionals usually use safety lancets to reduce the risk of infection between patients. <hr/> Tip: Safety lancets are also convenient for travel.
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