

# TRUE METRIX<sup>®</sup>

Self Monitoring Blood Glucose System

24/7 Customer Consultation  
English or Spanish  
1-800-803-6025  
www.trividiahealth.com

## Meter and Test Strip

Front

Back



## Blood Glucose Testing



1. Wash your hands with warm, soapy water.



2. Remove test strip from vial and close vial immediately. Insert strip into Test Port with black blocks facing up. The meter turns on.



3. Lance your finger.



4. With strip still in meter, touch tip of strip to blood drop. Allow blood to be drawn into strip. Remove strip from drop immediately after meter beeps and dashes appear across Meter Display.



5. Glucose result will be displayed with alternating date and time.



6. Hold meter in a vertical position with strip pointing down. Press Strip Release Button to discard the used strip from the meter.

- ALL parts of your blood glucose monitoring system could carry blood-borne pathogens after use, even after cleaning and disinfecting.<sup>1</sup>
- Cleaning and disinfecting the lancing device and the meter destroys most, but not necessarily all, blood-borne pathogens.
- Wash your hands thoroughly with soap and warm water before and after handling the meter, lancing device, lancets, or test strips as contact with blood presents an infection risk.
- If the meter is being operated by a second person who provides testing assistance, the meter and lancing device should be disinfected prior to use by the second person.
- It is important to keep the meter and the lancing device clean and disinfected. For instructions on how to clean and disinfect the meter and lancing device, see *Meter Cleaning and Disinfecting* and *Lancing Device Cleaning and Disinfecting* in the Owner's Booklet.

Manufactured by:

**TRIVIDIA**  
HEALTH™  
FORT LAUDERDALE, FL 33309 U.S.A.

1. FDA Public Health Notification: Use of Fingertick Devices on More than One Person Poses Risk for Transmitting Blood Borne Pathogens. Retrieved June 21, 2012 from <http://www.fda.gov/MedicalDevices/Safety/AlertsandNotices/ucm224025.htm>.

