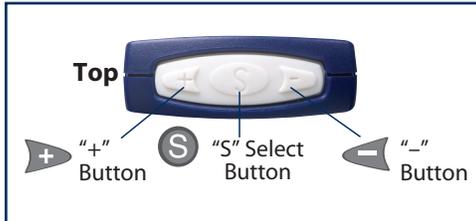# TRUEtrack®

## Set Up

**Start with the Meter off. Do not insert a Test Strip.**

1. Hold down the (S) button until Meter beeps and full Display appears. Meter is now in Set Up mode.



**Top**

"+" Button  |  (S) "S" Select Button  |  "–" Button

**Setting Time:**

2. The number for the hour flashes. Press the + button to increase or the – button to decrease. Press the (S) button when the correct hour is shown.

3. Repeat Step 2 for minutes.

*For more detailed information, including a troubleshooting guide, refer to the Owner's Booklet.*

**Setting Date:**

4. The number for the month flashes. Press the + button to increase or the – button to decrease. Press the (S) button when the correct month is shown.

5. Repeat Step 4 for day.

6. Repeat Step 4 for year.

## Coding Your Meter

1. Remove Code Chip from Test Strip Box. Match the number printed on the Code Chip to the number on the Test Strip Vial (plastic container).
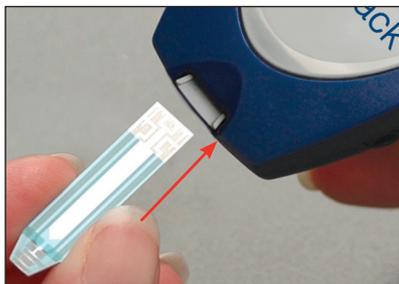


2. Insert Code Chip into your Meter with the numbers facing up.



## Blood Glucose Testing

1. Wash hands with warm, soapy water.

2. Remove Test Strip from vial and recap vial immediately.

3. With Meter off, insert Test Strip (Contacts facing up) into Test Port. Meter turns on.



4. Confirm Meter Display and Code Chip number matches.

5. Lance finger. Let a blood drop form.

6. Place Sample Tip of Test Strip against blood drop and allow blood to be drawn into Strip. Remove Sample Tip from blood drop immediately after Meter beeps and starts to countdown on Meter Display.



*CAUTION! Holding the Test Strip sample tip to the blood sample too long after the Meter begins testing may cause inaccurate results.*

Blood is drawn into Test Strip until Meter beeps. (See Note below).

7. After countdown, glucose result is displayed with date/time. Remove Test Strip and discard. Meter turns off. Test result is stored in Meter's Memory.

*Note:* Discard Test Strip if Meter did not begin testing within 5 seconds after placing Tip of Test Strip against blood drop. Repeat test with new Strip and new blood sample. If problem persists, see *Troubleshooting* in the Owner's Booklet.

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**WARNING!**
**NEVER** reuse Test Strips. **NEVER** wipe test Strips with water, alcohol or any cleaner. **DO NOT** attempt to remove blood or control sample from Test Strips or clean Test Strips and re-use. Reuse of Test Strips can cause inaccurate results. **NEVER** add a second drop of sample to the Strip. Adding more sample gives an error message.

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## Data Management • *Refer to the Owner's Booklet.*

*Always follow the treatment advice given to you by your doctor or diabetes healthcare professional.*

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